

Co-living

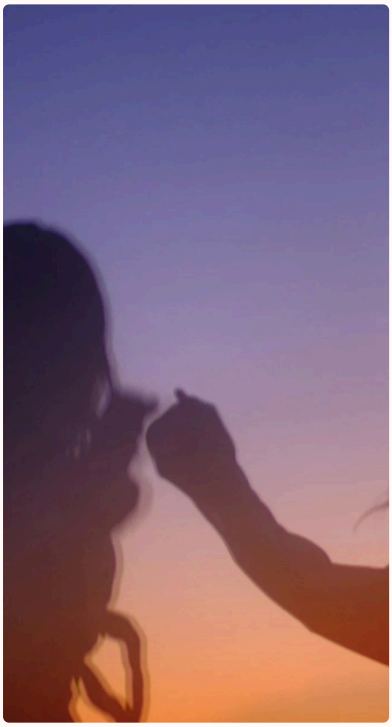
Moms & Kids

For **entrepreneur moms**, moms who work remotely, or **moms who want to move forward on a heart project**. And for their **slightly wild kids**.

June 13 to 27, 2027 · South of France

Give yourself real time to grow your business and your projects. And **give your children beautiful days out in nature**, playing and growing with other kids.

Take care of yourself and your business, knowing your child is in good hands. And share it all **with other women** who, like you, juggle being a mother and being a woman.







Time
for you

Time
for your projects

Time
with your kids

Sisterhood
in a tribe

JUNE 13 TO 27, 2027

The *program*

A simple rhythm: mornings for you and for them, afternoons together or free.

Mornings

FOR YOU

- 9:15am: movement class (optional): yoga, MovNat, dance
- Then you work on your projects, in the coworking room overlooking the river, with high-speed internet
- Prefer some privacy for your calls? High-speed internet in your room too

FOR YOUR KIDS

- From 9am to 1:15pm: the nature program, on site, with the educators

Afternoons

TOGETHER

- Free play among the kids
- Moms & kids workshops, at times
- Art, walks, the river
- Meals shared with our kids

OR AT YOUR OWN PACE

- Quiet moments, with no need to be with others: do whatever you like

AMONG WOMEN

- Two afternoons just for the moms: the educators look after the children
- Moments of sisterhood

Weekends

VISITS AND WALKS NEARBY

- Montpellier
- The Roquefort cheese caves
- La Couvertoirade, a medieval village
- The red lands of the Rougier de Camarès
- Hikes and waterfalls
- Walks in the valley
- Restaurants in the surrounding villages

Suggestions, to decide together. Weekends stay free.







FOR CHILDREN AGED 3 TO 10

Kids: the *nature, arts, movement* program

Every morning, from 9am to 1:15pm, your children play, learn and create out in nature, right on site. They are guided by experienced educators trained in nature-based learning. The program rests on three pillars, and follows each child's rhythm and curiosity. About one adult for every six children, and educators who speak French, English and Spanish.

Nature

DISCOVERING AND UNDERSTANDING THE LIVING WORLD

- Recognizing plants, trees and animal tracks
- Observing insects, birds and river life
- Sowing, harvesting and tasting in the vegetable garden
- Understanding the seasons, water and soil
- Free play outdoors with other kids

Arts

CREATING WITH THEIR HANDS

- Painting, land art
- Clay modeling, small woodcrafts
- Stories, drawing, music

Movement

FEELING AT HOME IN THEIR BODIES

- Climbing, balancing, running in the meadow or the forest
- Kids' yoga, dance and movement games
- Cooperative games

A typical *day*

9am	You drop your kids off with the educators, on site
9:15am	Movement class (optional): yoga, MovNat, dance
Then	You work on your projects, in the coworking room overlooking the river, or in your room
1:15pm	You pick up your kids
Afternoon	Together, or at your own pace: free play, workshops, walks, the river, or some quiet time
Evening	Free, or together

The two *weeks*

Sunday, June 13	Arrival and settling in. Opening circle and welcome dinner in the evening.
Monday 14 to Friday 18	Every morning: nature program for the kids, movement (optional) and coworking for you. Afternoons: together or free. *Thursday 17: first women-only afternoon, the educators look after the children.*
Saturday 19	Visit to Montpellier (suggestion, to decide together)
Sunday 20	Visit to the Roquefort cheese caves (suggestion, to decide together)
Monday 21 to Friday 25	Same rhythm: mornings for you and for them, afternoons together or free. *Thursday 24: second women-only afternoon.*
Saturday 26	Visit to La Couvertoirade (suggestion, to decide together)
Sunday 27	Closing circle, then departure

The *prices*

For the two weeks of Co-living Moms & Kids, 14 nights, from June 13 to 27, 2027.

Included in the price

- Accommodation for the two weeks
- The welcome dinner for you and your kids, on the evening of Sunday, June 13
- A movement class every morning for the moms (yoga, MovNat, dance), optional
- The nature program for the kids, with the educators, from 9am to 1:15pm
- Moms & kids workshops on some afternoons
- Two women-only afternoons (the educators look after the children)
- Access to the Shala (120 m²) whenever you like: for coworking (river view, high-speed internet) or to chill



Room

15 and 20 m² rooms

1 mom + 1 child (15 m²) 6 rooms available	€2,000
1 mom + 2 children (20 m²) 1 room available	€2,300

- Single beds
- Private bathroom in every room
- High-speed internet in the room, for your calls
- Access to a shared space: kitchen and living room (90 m²)



Apartment

2 private apartments available

1 mom + up to 2 children	€3,000

- Private 60 m² apartment
- Kitchen
- Bathroom
- A bedroom with a king-size bed
- A sofa bed
- High-speed internet, for your calls



Tipi

6 tipis available

1 mom + 1 child	€1,350
1 mom + 2 children	€1,500
1 mom + 3 children	€1,700

- Single beds
- Dry toilet and outdoor shower
- Indoor bathrooms nearby

Meals, *optional*

Meals are not included in the price. You can cook for yourself in the shared kitchen, or just sit down and enjoy, you and your kids: on weekdays, our cook prepares the meals with love.

- Lunch or dinner: €18 per adult, €12 per child
- Lunches and dinners are booked by the full week, Monday to Friday (5 days): the first week, or both
- Breakfast as an extra, whenever you like: €10 per adult, €5 per child
- Healthy organic food, omnivore, adapted if needed: vegetarian, gluten-free, dairy-free...
- No meal service at weekends: everyone cooks in the shared kitchen, or eats out

THE PLACE

At my home, *LAOM*

LAOM is the co-living space I created, in an eco-village I co-bought and co-created: 21 hectares of wild nature in the South of France, in the heart of the Grands Causses Regional Nature Park, a protected area. A magical river runs through the land.

Eco-built buildings, made of straw, earth and wood. And a large vegetable garden, grown with regenerative farming.



Eco-built buildings



The vegetable garden



The river



The Shala and the tipis



WHO'S HOSTING?

I'm *Amandine.*

Mother of a 5-year-old boy, entrepreneur, and co-founder of a 21-hectare eco-village in the South of France, where I created LAOM, a co-living space with eco-built buildings.

In 2026, a co-living in Andalusia with my son confirmed what I had been carrying for a long time: we need a tribe. Us moms, and our kids too.

The first edition of this Co-living Moms & Kids takes place in June 2027, at the place I created, by a magical river. I can't wait!!

Want to *join us?*

We'll be 12 to 15 families. Moms and kids only (dads, maybe next time, haha).
Message me to book or if you have any questions.

heyamandineblue@gmail.com